U.S. Hispanics Have a High Risk of NAFLD & NASH
due to environmental & genetic factors

43% of Hispanics in the U.S. are categorized as obese

35% of Hispanics in the U.S. have metabolic syndrome

Food intake
A diet high in carbohydrates and added sugar

Obesity

Metabolic syndrome
A group of conditions that can include obesity, diabetes, and cardiovascular disease

Physical inactivity

NASH & NAFLD Risk Factors

Genetic background

PNPLA3 gene variation

Many Hispanics in the U.S. possess the PNPLA3 gene variation, which has been associated with a heightened risk of NAFLD & NASH

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