Questions for New Medications

Talk with your healthcare team when you start a new medication to make sure you can answer each of these questions.

1. What is the medication’s name, dosage I take, and how often should I take it?
2. Why am I taking this medication?
3. How do I take this medication?
4. Does my medication dosage change based on my labs, staging or weight?
5. What are common side effects and long-term effects I might experience?
6. Should I avoid any foods, supplements, or activities while taking this medication?
7. If my schedule changes (i.e. while traveling to different time zones), do I need to change how I take my medication?
8. What should I do if I lose my medication(s)?
9. What should I do if something goes wrong, and who can I talk to about it?

10. Is it safe to consume alcohol while taking this medication?

11. What should I do if I forget to take my medication?

12. How do I know if my medication is working?

13. Does my insurance cover the cost of my medication?

14. Are there patient assistance programs available to address and help resolve issues related to my medication?

15. Can we plan to check in regularly to see how my medication is working?